



Finny-Foo-Fars Beauty

Gelish Gel Nails Aftercare Advice

- Apply Nourish cuticle oil twice a day and more importantly underneath the free edge. It is enriched with oils to rehydrate and condition the natural nail plate and will **NOT** cause any lifting to your product. Nourish cuticle oil is available to purchase from Finny-Foo-Fars Beauty Box.
- Avoid exposure to harsh cleaning chemicals such as cleaners or acetone based nail polish removers. These can break down the surface of the Gelish and may cause lifting and staining.
- Whenever you are washing up or gardening please wear gloves to protect your nails.
- Wear gloves when applying fake tan especially if you are wearing a French or pale colour to prevent staining of the colour.
- Avoid SPF products, tinted lotions and hair colour on your new nails as these can discolour the product. Always wash hands thoroughly after use or wear gloves.
- Your nails have been applied by a professional. For the best care they should also be removed by a professional. Finny-Foo-Fars Beauty Box charges £9.00 to remove Gelish Gels that I have applied. If you do decide to remove your nails yourself please ask Finny-Foo-Fars Beauty Box for a removal kit and instructions. The cost is £12.99.
- If you have caught or broken a nail please make any appointment for a repair with Finny-Foo-Fars Beauty Box.
- Do not pick, peel or bite your nails as they are not indestructible. Gelish is designed to create an adhesive bond to the natural nail plate and if picked will cause damage to the natural nail.
- Use the pads of your fingers rather than your nails when opening car doors or making the bed etc.
- **DO NOT** file your nails unless absolutely necessary. If you do then take care to file gently and finish with a downward stroke.
- Finally take care of your nails! They are not indestructible, but by keeping to these points you can ensure your Gelish nails will stay as fresh as the day they were done.

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